Copper Camp!

June 6th - 14th 2024



Athlete Itinerary

Copper Camp! is a GS and SL camp offering 7 days on-snow. Athletes will have access to full length training lanes on a variety of tech venues at Copper Mountain. Camp tuition covers coaching, lanes, tickets, lodging, food and daily activities. Athletes and families are responsible for getting to Copper Mountain, food on travel days and any travel disruptions.







Staff: Seppi Stiegler, Resi Stiegler, Additional TBD

Registration: Tuition(\$3200) must be paid online at time of registration. Spots for camp will be held in order of registration received at stieglerskicamps.com/register.

Transportation: For athletes flying to CO please book a connection shuttle with Epic Mountain or Summit Express. Athletes should arrive in Copper the evening of June 6th for an approximate 7pm meeting. Training on the 14th will conclude by midday.

Daily Schedule:

8:15 AM - Warm Up

8:30 AM - Lift Load

8:45 AM - Training

11:45 AM - Download

12:00 PM - Lunch/Break

2:00 PM - Dryland Activities

4:00 PM - Video Analysis

7:00 PM - Meeting

Camp Schedule:

5/15 - Registration Due

6/6 - Arrive in Copper ~ 7pm Meeting

6/7-10 - GS Camp

6/11 - Rest/Activity Day

6/12-14 - SL Camp

6/14 - Early Session - Departure Day

Contact:

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